



Year 6 School Journey - Dorset

Our Year 6 children (and their parents and the staff) were up early on Monday morning this week, leaving school just after 7am to head to Osmington Bay in Dorset.

They have enjoyed a wonderful range of activities - take a look at the school's X (twitter) feed #Hitherfield15 - and glorious weather to boot. We look forward to welcoming them back today and we know that they will need to spend a quiet weekend recovering!



Dates for the Diary

Friday 27th September – PTA
MacMillian Coffee Morning. After
drop off in the main school hall

Wednesday 2nd October - Early
Reading Workshop for Reception
Parents/Carers in the Reception
Hall 9:15am - 10:00am

Friday 4th October – **BIG
WELCOME FRIDAY!** 3:30pm –
5pm
(see flyer below)



GOOD NEWS CARDS

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA	1 DUGONG	1 SUNBIRD
Ida and Charlie	Kit and Sarah	Sayed and Varvara
2 MANATEE	2 MONGOOSE	2 HUMMINGBIRD
Felix & Sofia P	Emily and Isabella	Eric and Melody
3 JAGUAR	3 MACAW	3 ANACONDA
Vincent and Felix	To be announced next week	Saige and Leonaldo
4 HIPPOPOTAMUS	4 FLAMINGO	4 CHEETAH
Ishmaheel & Mireya	Tai-May and Poppy	Oona, Baillo and Cleo
5 KINGFISHER	5 HEDGEHOG	5 OTTER
Marla and Sahara	Dorry and Abdourahman	Jaxon & Matilda



South London and Maudsley
NHS Foundation Trust

ADHD

All-you-need-to-know
workshops for
parents/carers

By Lambeth CAMHS

Tel: 0203 228 7370

Sign-up by emailing
lamcamhsroms@slam.nhs.uk with
the subject heading 'ADHD
Workshops', naming the
workshop(s) you are interested in.

Has your child recently been diagnosed with ADHD?

Would you like to find out more about ADHD, the treatments available and how best to support your child?

If so, please come along to a series of interactive online workshops, where you will have the opportunity to hear from an expert and ask any questions you may have.

What is ADHD? An Introduction for Parents

25/09/2024 at 11am via Microsoft Teams

Managing and Supporting ADHD

23/10/2024 at 11am via Microsoft Teams

ADHD & Medication

20/11/2024 at 11am via Microsoft Teams



LOVE TO SING?

WHY NOT JOIN

HITHERFIELD'S CHOIR OF FRIENDS!

FOR PARENTS AND CARERS OF HITHERFIELD

- NO CHOIR EXPERIENCE NEEDED -
- ALL SONGS LEARNT BY EAR (NO SHEET MUSIC) -
- SING FOLK, POP, ROUNDS AND SHANTIES -
- AUDIO LEARNING TRACKS PROVIDED -
- A GREAT WAY TO MEET OTHER HITHERFIELD PARENTS/CARERS -
- FUN, RELAXED AND INCLUSIVE -
- BABIES/TODDLERS WELCOME -

AUTUMN TERM STARTS 7TH OCT
NOT SURE IF ITS FOR YOU?
FREE TASTER SESSION 7TH OCT!

EVERY MONDAY 9:15AM TO 10:15AM
IN THE STUDIO (UPSTAIRS HALL)

£70 PER 10-WEEK TERM

FREE PLACES AVAILABLE TO
THOSE ELIGIBLE FOR PUPIL PREMIUM

Email choir leader Ian Bennett
if you'd like a place or free taster session:
ibmuso@gmail.com





The Hitherfield

Dads Run Club



Join us for a local 5km ish run, leaving from the school gates after drop off every Friday at 9am, heading towards either Dulwich, Brockwell or Streatham Common.

Pace will vary but we'll aim to cover 5km in 27 to 30 minutes.



Join the WhatsApp group to find out more:
<https://chat.whatsapp.com/GFpU0BIIToY1eo3J8cdIHX>



PTA Annual General Meeting

**This year the PTA's Annual General Meeting will be held on
Friday 11th October, at 9am
in the staff room.**

As well as voting in a new committee we'll be taking a quick look at our events over the last year, what was raised and what has been funded. As always, everyone is welcome, including little ones

The funds raised by the PTA are more important to the school than they've ever been and the events run by the PTA have an important part to play in building the amazing community we have here at Hitherfield. If you're interested in getting involved in any way please email

hitherfieldpta@gmail.com

**Please remember - you will only ever be expected to do what you really can do...
and you're comfortable doing!**

Many thanks, The PTA



Hitherfield's Macmillan Coffee Morning



**Friday 27th
September**

**After drop off in
the Main Hall**

DONATIONS

**We need donations of cakes and
other sweet treats
Home-made or shop-bought, but
please remember no nuts**



**Please bring donations to the
office on Thursday 26th
or directly to the hall on the day**



CENTRE 70 Wellbeing

Join a **FREE** creative journaling group for pregnant women, birthing people and new parents

Maternal Journal provides a positive outlet for some of the new feelings and challenges you might experience, both physically and emotionally in pregnancy and new parenthood.

In the workshops we will introduce the practice of 'journaling', each week we will try a new creative activity and share our experiences in a small group of 5 -10 people.

All art materials provided and



pre-crawling babies welcome

Contact us to find out more and sign-up

DATES: Wednesdays 1pm - 2.30pm

WEDNESDAY: 2, 9, 16, 23 Oct then a **break for half-term** (*no session on 30 Oct*) before final two sessions on **6 and 13 Nov 2024**.

LOCATION: Sunnyhill Children's Centre
Harborough Rd, London SW16 2XW

CONTACT:
wellbeing@centre70.org.uk
020 8670 2775

Facilitators: Ellie and Emily



HITHERFIELD PTA PRESENTS

BIG WELCOME FRIDAY

After School, Friday 4th October

**Hot Drinks &
Doughnuts**

**Popcorn,
Snacks & Cold
drinks**

Hot Dogs

Pre-loved uniform sale

**FREE CRAFTS,
TEMP TATTOOS,
BISCUITS & DRINKS
FOR THE KIDS**

We need your help!

**If you can help on one of our stalls
please email hitherfieldpta@gmail.com
or message Paola on 07450 241892
or Rosie on 07929 484012**



Sunnyhill Children's Centre

Streatham & Norwood Better Start

Let's Talk About SEND



Free workshop especially for parents with children aged 5-11yrs.

- Develop the school SEND community and improve communication with other parents/carers.
- Time and space to identify and share concerns around your child's needs and meet others sharing similar experiences.
- Develop your understanding of special educational needs and know how to support your child's development at home.
- Improve your understanding of SEND processes and how to access support in school and in the local community .
- Get support to plan and prepare your child for transition and preparing for adulthood.
- Feel empowered to share your expertise with the school and influence policies and procedures.

Thursday 17 October 9.15-11.15

Sunnyhill Children's Centre, Harborough Road, SW16 2XW

 **0204 548 2561**

giving
your child
a better
start

Lambeth's Family Hub Network
Lambeth's Start for Life offer


Lambeth



Crown Lane Children's Centre

Streatham & Norwood Better Start

First Aid Class



One day Paediatric Life saver course especially for parents with children aged 5-11 yrs.

A great opportunity to learn skills and gain confidence to deal with emergencies and potentially save a life.

Refreshments provided.

Thursday 14 November 9.15-2.30

Crown Lane Children's Centre, SW16 3HX

☎ 0204 542 3520



Lambeth's Family Hub Network
Lambeth's Start for Life offer



Crown Lane Children's Centre

Streatham & Norwood Better Start

Coffee Morning



Free drop in coffee morning especially for parents with children aged 5-11 yrs.

A great opportunity to meet new people, share ideas and experiences and find out what is happening in your local Family Hub.

Sensitive support to access tailored, confidential help

TBC 9.15-11.15

Crown Lane Children's Centre, Crown Lane, SW16 3HX

☎ 0204 542 3520



Lambeth's Family Hub Network
Lambeth's Start for Life offer



Sunnyhill Children's Centre

Streatham & Norwood Better Start

Staying Safe Online



Free workshop especially for parents with children aged 5-11 yrs.

Understand the main online risks and how to protect yourself and others from online harm which may jeopardise your personal information, lead to unsafe communication or even effect mental health and wellbeing .

Thursday 12 December 9.15-11.30

Sunnyhill Children's Centre, Harborough Road, SW16 2XW

☎ 0204 548 2561



Lambeth's Family Hub Network
Lambeth's Start for Life offer



Crown Lane Children's Centre

Streatham & Norwood Better Start

CV Building



Free workshop especially for parents with children aged 5-11 yrs.

- Learn top tips to update, tailor and build a stand-out CV
- Establish relevant work history.
- Include experience, skills and key achievements that are relevant to the role you are applying for.
- Understand common CV mistakes and how to avoid them.
- Experiment with different templates to meet your needs.

Thursday 26 September 9.15-11.30

Crown Lane Children's Centre, Crown Lane, SW16 3HX

☎ 0204 542 3520



Lambeth's Family Hub Network
Lambeth's Start for Life offer

