



**Hitherfield Primary PTA  
presents. . .**


## QUIZ NIGHT 2025

**THURSDAY 6TH MARCH**  
Bar / Doors - 7pm  
Quiz - 7:30pm  
Food after round 1

**Teams of between 3-6 people**  
**Tickets available on parentpay -  
please scan the QR below**

Quiz £5.00  
Curry, rice & poppadoms £9.50  
Combo - Quiz + Curry £13.50

Qs? Email [hitherfieldpta@gmail.com](mailto:hitherfieldpta@gmail.com)



## Eid Fair

Friday 4th April - 3.30pm - 5.30pm

### Help Needed!

The Hitherfield PTA will be holding a planning meeting in the staff room on Friday 14th February, right after drop-off, 9am - 10am. Please join us if you can to get the ball rolling on organising this year's celebrations. Everyone is welcome.

If you can donate food for us to sell at the fair (halal), or if you're able to volunteer on the day, please let us know.

For any questions, please get in touch [hitherfieldpta@gmail.com](mailto:hitherfieldpta@gmail.com).



### Dates for the Diary

Tuesday 11<sup>th</sup> February – 3 Jaguar Class  
Assembly and Open Morning  
9:15am – 10:30am

Tuesday 11<sup>th</sup> February –  
**Safer Internet Day**

Wednesday 12<sup>th</sup> February  
Nursery Parents' Evening  
Booking system to open at a later date  
**There will be no afternoon Nursery on this  
day**

Wednesday 12<sup>th</sup> February – Year 6 trip to The  
British Museum

Wednesday 12<sup>th</sup> February – 3 Anaconda Class  
Assembly and Open Morning  
9:15am – 10:30am

Thursday 13<sup>th</sup> February - 3 Macaw Assembly  
and Open Morning  
9:15am – 10:30am

Thursday 13<sup>th</sup> February – Coffee morning in the  
Children's Centre at Hitherfield Children's  
Centre 9:15am – 11:30am

Friday 14<sup>th</sup> February – **Hitherfield's Got  
Talent** (sorry, no parents allowed!)

**Friday 14<sup>th</sup> February – Last Day of Term**

Do you have any spare coat hangers???

The PTA are in need of your spare coat hangers for their uniform sale! Please bring any unwanted coat hangers of all kinds to the main school office!

Thank you!



## GOOD NEWS CARDS

Congratulations to these children who have really impressed their Teachers this week.

1 COBRA	1 DUGONG	1 SUNBIRD
Idris and Janayah	Louis and Lara	Vida and Inka
2 MANATEE	2 MONGOOSE	2 HUMMINGBIRD
Flossy and Zach	Blake and Ruth	Sarah and Cole
3 JAGUAR	3 MACAW	3 ANACONDA
Ava and Yassin	Isabelle and Adam	Damani and Leonaldo
4 HIPPOPOTAMUS	4 FLAMINGO	4 CHEETAH
Athena for Sophia	Lisl and Jonah	Queyana and Jackson
5 KINGFISHER	5 HEDGEHOG	5 OTTER
Maya and Ali	Alba and Gilbert	Jaxon and Khallah
6 ORCA	6 PUFFIN	6 WOLVERINE
Fatmire and Dylan	Zhara and Esme	Gregor and Josefina

## NURSERY ADMISSIONS SEPTEMBER 2025

All three and four year-olds are eligible for 15 hours per week of free early education. The new entitlement provides an additional 15 hours of free childcare for eligible children. Households will be eligible for an additional 15 hours free entitlement where

- Both parents are working, or one parent is working in lone-parent families.
- Both parents are working but one or both parents is temporarily on maternity, paternity or adoption leave.
- Both parents are working but one or both parents is temporarily on statutory sick pay.
- One parent is employed and one parent is disabled, incapacitated or has substantial caring responsibilities. Parents must earn a minimum weekly amount equivalent to 16 hours at national minimum wage or national living wage, and less than £100,000 per year, per parent.

### NURSERY PATTERNS

- Full-time places start at 9:15 to 3:15pm
- Top-Up - If you do not meet the criteria for a 30 hour full time place then we do offer a Top-Up service which is charged at £85 per week
- A part time 15 hour place is offered as follows:  
Monday and Tuesday – all day 9:15am to 3:15pm and Wednesday from 9:15am to 12:00pm  
Wednesday from 12:15pm to 3:15pm and all day 9:15am to 3:15pm on Thursday and Friday.

**Please apply via the website - <https://www.hitherfield.co.uk/parents/admissions>**



## WORLD BOOK DAY

### IS COMING!

### Friday 7th March 2025

Fancy dress  
(a book character or your PJs)



Costume parades

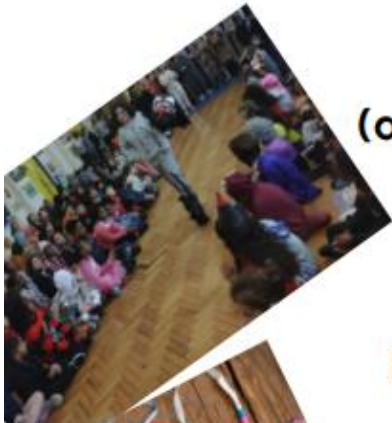
Drop Everything and Read

Paired Reading

Book Themed Activities

Book Tokens

The Big Book Swap







Hitherfield Primary School is hosting our third **Big Book Swap** on **Friday 7<sup>th</sup> of March** for **World Book Day!**

And to make it happen, we need **YOUR** books!  
**1 or 10, ALL HELP!**

Do you have any books at home that your children are bored of, are no longer age appropriate or that have sat untouched for months?

**Yes? Then donate them to the Big Book Swap!**

Please bring all donations as soon as possible!

Deliver them to either the school office or Nathan in Wolverine Class (Year 6) or Lauren in Koala Class (Reception).

(Please only donate books that children would like to read - No torn up or scribbled on books please!)



## Enjoy books together!

Join our new book activity sessions with your child. These fun and interactive sessions have been designed by Coram Beanstalk to support parents to:

- Discover the **joy and fun** of sharing books together
- Build **new skills** in reading aloud to your child
- **Encourage your child** to explore and enjoy a range of books

These activity sessions are designed for both parent and child to attend together.

Sessions are for children aged 2 - 5 and are free to attend. Families who sign up are required to attend all three sessions.

#### Sessions:

Monday 24 February, Monday 3 March and  
Monday 10 March, 10.30am - 11.30am

Hitherfield Children's Centre  
Hitherfield Road, Streatham, SW16 2LW

#### Interested in attending?

Please call the children's centre on 020 8835 9569  
to book your place

#### For more information contact:

Jessie Hammans: [JHammans1@lambeth.gov.uk](mailto:JHammans1@lambeth.gov.uk)  
07922 293 684







## Dealing with grief as a young person

Where to start when the world feels upside down.

### Check in with yourself

- Have you eaten today?
- Have you washed today?
- When were you last outside?
- Do you need to talk to someone?
- Have that cry or that laugh you've needed.

### There's no 'right way' to grieve. It's ok to be:

- Sad
- Angry
- Numb
- Confused
- Anxious



### Additional support

Grief information: [www.cruse.org.uk](http://www.cruse.org.uk)

Grief resources: [www.winstonswish.org.uk](http://www.winstonswish.org.uk)

Grief support: [www.griefcounter.org.uk](http://www.griefcounter.org.uk)

Text support: [www.themix.org.uk](http://www.themix.org.uk)

If you are struggling with your feelings:  
[www.youngminds.org.uk](http://www.youngminds.org.uk)

Chat to a counsellor: [www.childline.org.uk](http://www.childline.org.uk)

"I thought I shouldn't talk about it. But it was the best thing I did."



### Thinking about self-harm or suicide?

Tell someone. You'll get through this.  
Call 999 or the Samaritans free on 116 123.



## Hitherfield Children's Centre

Streatham & Norwood Better Start

# Coffee Morning



**Free drop in coffee morning especially for parents  
with children aged 5-11 yrs.**

**A great opportunity to meet new people, share ideas  
and experiences and find out what is happening in  
your local Family Hub.**

**Sensitive support to access tailored, confidential help  
and advice.**

**Thursday 13th February 2025**

**9:15 - 11:30am**

**With special guests from Grow (Get Ready for Work)**

**Hitherfield Children's Centre, Hitherfield Road, SW16 2LW**



## Children's Toilet Training Workshop

Looking to toilet train your child?

Join our free workshop for families with preschool children in Lambeth and Southwark. Get them ready and nappy free for school.

Parents, carers and children are all welcome.

Limited crèche is available so please book early to avoid disappointment.

### When?

Wednesday 19 February 2025, 09:30 - 11:30

### Where?

Hitherfield Children's Centre, Hitherfield Road, Streatham, SW16 2LW

### How to join

To book, visit the Children's Centre or call 020 8835 9569

### What to expect

We'll talk about:

- Where and when to start
- Getting your child motivated
- Toilet hygiene skills
- Coping with going out nappy free
- How to encourage independent skills
- Keeping dry overnight

**We also offer 1-to-1 support to families referred to our service.  
To find out more, contact your Children's Centre or Health Visitor,  
or ask for more information at the workshop.**





## Crown Lane Children's Centre

Streatham & Norwood Better Start

# Adapt and Recover



This workshop will explore tools and strategies to build resilience. You will learn to help yourself and others adapt and recover from challenges by identifying practical and emotional skills that help when faced with a crisis.

The workshop will be based around interactive activities and group discussion, with chances to reflect and share personal experiences.

Thursday 3rd April 9:30-11:15

Crown Lane Children's Centre, Crown Lane, SW16 3HX

 0204 542 3520

Please call us to book a place on this Workshop



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**☎ 0208 835 9569**

**Please call us to book a place on this Workshop**





## Hitherfield Children's Centre

Streatham & Norwood Better Start

# First Aid Workshop



**Basic First Aid Workshop especially for parents with children aged 5-11 yrs.**

**A great opportunity to learn skills and gain confidence to deal with emergencies and potentially save a life.**

**Thursday 20th March 9.30-11.15**

**Hitherfield Children's Centre, Hitherfield Road  
SW16 2LW**

 **0208 835 9569**

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Streatham & Norwood Better Start

# First Aid Workshop



Basic First Aid Workshop especially for parents with children aged 5-11 yrs.

A great opportunity to learn skills and gain confidence to deal with emergencies and potentially save a life.

Thursday 6th March 9:30-11:15

Crown Lane Children's Centre, Crown Lane  
SW16 3HX

 0204 542 3520

Please call us to book a place on this Workshop





Funded by  
UK Government

## LAMBETH

# GR<sup>OW</sup>

Get ready for work

## ARE YOU BRINGING UP KIDS AND WANT TO WORK?

Grow is here to help you get a job, start training, build confidence and give you the support you need to succeed. We specialise in supporting mums just like you, who want to train, retrain, and get into work.

Join us: make new friends and a fresh start in the Grow Community. We are an award winning London project that makes a difference. **SIGN UP by 14th February to receive a £10 LoveToShop voucher**



Welcome & Registration  
Hitherfield Children's Centre  
9.30 - 11.30  
Thursday 13 February 2025

Text or call 07552 128668  
For more information



SUPPORTED BY  
MAYOR OF LONDON







## Circle of Security Parenting

The programme is designed to offer you relationship tools to provide you with a new way of understanding your child's needs, helping them feel more secure and you feel more confident as a parent.



### Where will the sessions be held?

The sessions will be delivered during the daytime in small group settings, at various Children's Centres across the borough of Lambeth.

### When does the programme start and how do I sign up?

To find out more about when a programme is starting at a Children's Centre near you and to sign up, please visit [www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting) and we will contact you with further details.

### What is Circle of Security Parenting?

A FREE 8-week programme, with **creche available**. You'll learn how to:

- Understand your child's emotional world by learning to read their emotional needs.
- Support your child's ability to manage emotions.
- Enhance the development of your child's self-esteem.

The programme is offered to Lambeth families with children aged 6 months to 5 years.





# LOVE TO SING?

WHY NOT JOIN

## THE HITHERFIELD PARENTS' CHOIR

FOR PARENTS AND CARERS OF HITHERFIELD

- NO CHOIR EXPERIENCE NEEDED -
- ALL SONGS LEARNT BY EAR (NO SHEET MUSIC) -
- SING FOLK, POP, ROUNDS AND SHANTIES -
- AUDIO LEARNING TRACKS PROVIDED -
- A GREAT WAY TO MEET OTHER HITHERFIELD PARENTS/CARERS -
- FUN, RELAXED AND INCLUSIVE -
- BABIES/TODDLERS WELCOME -

NOT SURE IF ITS FOR YOU?  
TRY A FREE DROP IN SESSION!

EVERY MONDAY 9:15AM TO 10:15AM  
IN THE DOWNSTAIRS HALL

£70 PER 10-WEEK TERM

FREE PLACES AVAILABLE TO  
THOSE ELIGIBLE FOR PUPIL PREMIUM

Email choir leader Ian Bennett  
if you'd like a place or free taster session:  
[ibmuso@gmail.com](mailto:ibmuso@gmail.com)

