What's on the menu?

HARRISON food with thought

MONDAY TUESDAY

WEDNESDAY THURSDA

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Caribbean Style Vegetable Curry with Rice (Wholegrain / White Mix)

Beef Bolognese served with Penne Pasta (Wholewheat / White Mix) Wheat or Rice

or Rice (Wholegrain / White Mix) Carrots / Sweetcorn & Peppers

Chocolate Orange Traybake Wheat, Egg, Milk with Chocolate Orange Sauce Milk

Jacket Potato with Cheese Milk Baked Beans or Tuna in a Lemon Dressing Fish

Texan Style Beef Wrap with Sweetcorn Salsa Wheat with Rice (Wholegrain / White Mix)

Broccoli / Chef's Salad

Citrus Sponge Wheat, Egg, Milk with Custard Milk

Vegetable Jollof Rice

Chicken Sausages in a Roll
Wheat
or Carrot & Leek Sausages in a Roll
Wheat
with Seasoned Potato Wedges

Baked Beans / Broccoli

Wholemeal Carrot Cake Wheat, Egg with Custard Milk Roast Ratatouille Style Vegetables served with Rice

Chicken Sausage Roll Wheat, Sulphites served with Mashed Potatoes

(Wholegrain / White Mix)

Savoy Cabbage / Baked Beans

Ice Cream

Wheat, Egg

with Watermelon Wedges

served with Noodles

Carrots / Sweetcorn

Oat & Raisin Cookie

Jacket Potato with

or Minced Beef Ragu

(Wholegrain / White Mix)

Chocolate & Cinnamon Pinwheel

or Orange Gram Flour Shortbread

Both served with Orange Wedges

Sweet Potato Stir served with Rice

Cheese

Baked Beans

Wheat, Oats

Chinese Style Vegetable Stir Fry

Chicken Meatballs in a Smoky BBQ Style Sauce

served with Oven Baked Potato Wedges

or Lemon Gram Flour Shortbread

Both served with Fresh Fruit Wedges

(Wholewheat / White Mix)
Wheat
served with Cheese
Milk
& a Chef's Salad
Vegetable & Bean Pattie

Italian Style Tomato & Herb Pasta

Vegetable & Bean Pattie with Spiced Potato Wedges & Tomato Salsa

Broccoli / Butternut Squash

Jelly

with Fresh Fruit Wedges

Macaroni Cheese Wheat, Milk with a Rainbow Ribbon Salad

Oven Baked Falafel with Tomato & Coriander Chutney & Rice (Wholegrain / White Mix)

Green Beans / Roasted Butternut Squash

Chocolate Sponge
Wheat, Egg, Milk
with Chocolate Sauce

Pizza Margherita
Wheat, Milk
or Garden Vegetable Pizza
Wheat, Milk
with Tomato Pasta Side

Chickpea & Herb 'No Meatballs' with New Potatoes with Carrot Lemon & Chive Salad

Sweetcorn / Broccoli

Strawberry Mousse
Milk
with Fresh Fruit Wedges

Jacket Potato with Cheese Milk

Baked Beans or Vegetable Chilli

Chicken Korma with Pilau Rice (Wholegrain / White Mix)

Carrots / Green Beans

Berry Swirl Sponge Wheat, Egg, Milk with Custard Milk

Baked Vegetable Pakora with Onion Chutney served with Rice

(Wholegrain / White Mix)

Chicken with Tomato & Basil Sauce served with Pasta (Wholewheat / White Mix)

or Rice

(Wholegrain / White Mix)

Carrots / Oven Roasted Courgettes

Berry & Apple Flapjack Wheat, Oats

Vegetable Bolognaise served with Penne Pasta (Wholewheat / White Mix)

Wheat or Rice

(Wholegrain / White Mix)

Sweet Chilli Chicken with Rice (Wholegrain / White Mix)

Green Beans / Carrots

Marbled Sponge
Wheat, Egg, Milk

with Custard

Mexican Style Vegetable & Bean Burrito

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served with Tomato Sauce & Chips or New Potatoes

Battered Fish Fillet

served with Tomato Sauce & Chips or New Potatoes

Peas / Baked Beans

Lemon Shortbread

or Chocolate Gram Flour Shortbread

Both served with Fresh Fruit Wedges

Spanish Style Omelette Egg, Milk served with Chips or New Potatoes

Salmon Fishcakes with Cheddar & Chive Sauce

Wheat, Milk, Fish

Battered Fish Fillet Wheat, Fish

served with Tomato Sauce & Chips

or New Potatoes

Peas / Baked Beans

Jelly with Fresh Fruit Wedges

Jelly with Fresh Fruit Weages

Butternut Squash, Sweet Pepper

& Courgette Slice served with Chips or New Potatoes

Battered Fish Fillet Wheat, Fish

served with Tomato Sauce & Chips or New Potatoes

Peas / Baked Beans

Ice Cream

with Fresh Fruit Wedges

Available daily

Please ask the catering manager for food allergen information

WEEK ONE

WC 24th Feb, 17th Mar, 5th May, 2nd Jun, 23rd Jun, 14th Jul

WEEK TWO

Oven Roasted Courgettes / Vegetable Medley

WC 3rd Mar, 24th Mar, 21st Apr, 12th May, 9th Jun, 30th Jun, 21st Jul

Menu Items Available Daily:

Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

WEEK THREE

WC 10th Mar, 31st Mar, 28th Apr, 19th May, 16th Jun, 7th Jul



Please see page 2 regarding allergen information provided on the menu.



Harrison Catering Services

HARRISON food with thought

Hitherfield Primary School

About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: https://www.harrisoncatering.co.uk/food-allergies-food-intolerances.

Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well[®] training programme.

Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

Free School Meal for Key Stage 2

The Mayor of London initiative, offers a free school meal to all pupils in Key Stage 2, regardless of income. This is for 2 academic years from September 2023.

We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit www.harrisoncatering.co.uk

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



